



- **High temperature** - This means they feel hot to touch on your chest or your back.
- **New continuous cough** - This means coughing a lot for more than an hour, or 3 continuous coughing episodes in 24 hours.
- **A loss of or change to their sense of taste or smell** - This means they have noticed they cannot smell or taste anything.

More information at <https://gov.wales/self-isolation-stay-home-guidance-households-possible-coronavirus>