## **LLISWERRY HIGH SCHOOL**



### **PSHE POLICY**

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# LLISWERRY HIGH SCHOOL PERSONAL, SOCIAL AND HEALTH EDUCATION (PSHE) POLICY

PSHE helps to support and promote the personal and social development and well being of pupils. In keeping with the overall aims of the school, the PSHE curriculum helps pupils to take their place in society and so prepare them for the opportunities, responsibilities and experiences of adult life. This reflects the school aims of "Learning for Life".

PSE is a statutory element within the basic curriculum for pupils aged 5 to 16. It is the responsibility of the school to plan and deliver a broad and balanced PSHE provision to meet the specific needs of its pupils.

#### Aims of PSHE

PSHE at Lliswerry is linked to the aims of the PSHE Framework for 7 to 19 year olds in Wales (2008). It prepares pupils to be personally and socially effective by providing learning experiences in which they can develop and apply skills, explore personal attitudes, knowledge and understanding. This also ties in with the Skills Framework in Wales principles (2008).

Specifically the aims of PSHE are to:

- Develop pupils' self-esteem and a sense of personal responsibility.
- Promote self-respect, respect for others and celebrate diversely.
- Equip pupils to live safe, healthy lives.
- Prepare pupils for the choices and opportunities of lifelong learning.
- Empower pupils to participate in their schools and communities as active responsible citizens locally, nationally and globally.
- Foster positive attitudes and behaviour towards the principles of sustainable development and global citizenship.
- Prepare pupils for the challenges, choices and responsibilities of work and adult life.

The provision of PSHE comprises the development of skills, the promotion of positive attitudes and values, and the acquisition of knowledge and understanding in accordance with the PSHE framework. The Key Skills developed are: thinking, communication, ICT, number, working with others and improving their own learning. It also gives pupils opportunities to promote their health and emotional well-being and moral and spiritual development; to become active citizens and promote sustainable development and global citizenship; and to prepare for lifelong learning. For 14-19 pupils, this is a part of their Learning Core entitlement reflecting the Extending Entitlement agenda.

The schemes of work celebrate cultural and religious diversity in accordance with the school equalities policies. PSHE is an integral part of Curriculum Cymraig and the range of teaching opportunities reflects Welsh culture and heritage.

PSHE is delivered by using a range of teaching and learning techniques in an effort to take all pupils learning styles into account so that all pupils can succeed, regardless of their academic ability, physical ability or any other equal opportunities matters. Written work is differentiated by task and by outcome and classroom teachers are responsible for differentiating their PSHE lessons.

#### **PSHE** at Key Stage 3

PSHE acknowledges and addresses the changes that pupils are experiencing, beginning with transition to secondary school and the challenges of adolescence. Pupils are equipped with the skills which will enable them to acquire greater self-assurance. They are encouraged to manage diverse relationships in society and cope with the increasing influence of peer pressure and the media. This allows them to be more confident in addressing the challenges of active citizenship and effective learning.

#### **PSHE** at Key Stage 4

PSHE reflects the fact that pupils are moving towards an independent role in adult life, taking on greater responsibility for themselves and others. Pupils are equipped with the skills to manage changing situations with increased confidence and to become financially capable. PSHE enables pupils to develop a critical awareness of local and global contemporary issues and to participate within their communities as active citizens in the twenty first century.

### **Schemes of Work in PSHE**

Part of the PSHE curriculum is cross-curricular and elements of this are taught in many subjects in different lessons, PSHE is sign posted in the national curriculum documents for each subject and written into the schemes of work, e.g. issues relating to democracy and elections are discussed in history lessons and environmental issues are an important part of geography teaching.

Another part of the PSHE programme is taught by Form Tutors during the weekly tutorial lessons. Some of the materials which are used have been purchased from ASDAN (Award Scheme Development and Accreditation Network). This organisation links participating schools together and develops and shares PSHE teaching resources in such a way that pupils can gain accreditation for their studies.

PSHE is taught through ASDAN's 'Key Steps' in KS3 and 'Key Decisions in PSHE' in KS4. Form Tutors teach the programme as a series of modules and pupils can gain an award for each one they complete. Use of these materials in both Key Stages enables an active teaching and learning style with a lot of pupil participation. In Year 8 some additional elements of PSHE are taught in 'Health Week'. The timetable is suspended and replaced with a health education programme delivered by a team of teachers assisted by external providers.

At various points during the KS3 and KS4 tutorial programme, tutors use materials from 'Progress File'. This helps pupils to keep a record of their achievements throughout their time in school. It helps them identify and value their skills and qualities, recognise their achievements and use that information to make better choices for the future. A number of modules have been developed for pupils working through Progress File: 'Bridge to Success' for Year 7 and Year 8, 'Getting Started' for Year 9 and 'Moving On' for Year 10 and Year 11.

Pupils use the work that they have done on Progress Files when they compile their "Lliswerry High School Record of Achievement" in Year 11. This work continues into Year 12 and Year 13 where tutorials continue and the record of achievement is kept up to date.

The third part of the PSHE curriculum is delivered in timetabled lessons for Year 10 and Year 11. When appropriate, external providers (including Gwent Police and Health Service

professionals) come into school and teach specific topics; e.g. Drug Education, Contraception and STDs.

#### Citizenship and the School Council

Citizenship is a very important part of PSHE. 'Education for global citizenship enables people to understand the global forces which shape their lives and to acquire knowledge, skills and values that will equip them to participate in decision making, both locally and globally, which promotes a more equitable and sustainable world.' (WAG)

The School Council meets twice every term, consulting and involving pupils in the decision-making processes on matters which affect or concern them. The Council consists of two pupils from every year with the head boy or girl undertaking the role of chairperson. (Positive action is also taken to ensure that the membership is representative of the school's pupil population e.g. disabled pupils, SEN, minority ethnic etc). Agenda items are suggested by Form meetings and Year Group Council meetings and they receive feedback from the School Council and the Headteacher.

We encourage pupils to participate in a wide range of practical activities that promote active citizenship; e.g. charity fund raising, planning for school assemblies and assisting at open evenings. Year 12 pupils undergo training and act as 'reading buddies' for KS3 pupils. This participation encourages pupils to value, and be part of, the whole school community.

#### **Assessment in PSHE**

PSHE is not part of the National Curriculum and there is no system for national assessment. Nevertheless, Lliswerry pupils are assessed by teachers looking through their tutorial work, asking questions about what they have covered, peer observation of group work, employers' reports during work experience and self-assessment of their own strengths and weaknesses. Much of this assessment can be used by pupils in their Progress Files and in preparing their Record of Achievement.

Evidence of attainment in PSHE is recorded by:

- form tutors marking completed modules in 'Key Steps'/'Key Decisions' (ASDAN)
- A certificate awarded after the completion of a module.
- Use of Progress File: where pupils identify and record achievement, set targets and action plans.
- Reports from employers after work experience.
- Reviewing progress towards IEPs -special needs.

We inform pupils and parents of progress and achievement in PSHE through:-

- Records of Achievement.
- Homework diaries.
- Interviews with/letters to parents.
- End of year reports.
- Reviews of Individual Education Plans.

#### **Management and Organisation of PSHE**

The coordinator responsible for the delivery of PSHE across the whole school is \*\*\*\*\*. She manages the PSHE Handbook and Schemes of Work. Her line manager is \*\*\*\*\*\* (Assistant Headteacher). Heads of Year help with the management and development of PSHE, coordinating and overseeing the operation of the weekly tutorial programme and the work of Form Tutors.

The PSHE coordinator monitors the consistency of PSE teaching across the school through lesson observation and tutor meetings. Teachers evaluate the Schemes of Work and feedback to the coordinator. Pupils are asked to evaluate a specific selection of PSHE lessons in Year 10 and Year 11. The coordinator regularly updates and reviews existing Schemes of Work.

Resources and staff training needs are monitored on an annual basis and an annual budget is allocated to maintain and develop PSHE in the school.