

# Llswerry High School



SPRING 2023

Dear Parents, Carers and Learners,

The Easter break is almost upon us and afterwards we return for the run-in to another 'exam season'. All staff and learners who are involved in the upcoming exams have been very busy preparing as you would expect. In reality some exams take place throughout the year, but the summer is a particularly busy period with many exams taking place in a relatively short timeframe. It's always useful for learners to reflect upon the fact that however busy it may get they will have been prepared well by our staff, there will be time between exams to rest and prepare for the next one and that they have already practised the skills needed to be successful this summer. This really is the time for learners to use all of the ambition, belief, determination and resilience they have developed in order to achieve what they deserve this summer and also to remember that we are all here to support them. Here are a few links to support parents, carers and learners to prepare and to be as successful as possible this exam season:

<https://www.wjec.co.uk/articles/exam-preparation-top-apps-and-websites-for-students/>

<https://www.gov.wales/power-up-wales>

<https://www.bbc.co.uk/bitesize/articles/zm3y7nb>

Finally on this topic, I would advise our learners once again to look upon the forthcoming exams as opportunities and even to refer to them as such e.g. English Opportunity, rather than English exam. After all, it's learners' opportunity to get their rewards in the form of qualifications for all the hours, weeks and months of learning they've put in to get themselves to this final stage. Pob lwc pawb!

**Mobile Phones** - We have seen an increase in the use of mobile phones in corridors at lesson changeovers and on the way to lessons after break and lunchtime. Not only does this slow learners down considerably, making them late for their next lesson, it also poses a health and safety risk. Learners using them walking down stairways are putting themselves and others at risk and they also often have little awareness of who or what is in front of them as they walk along corridors.

A small number of learners have also been using phones to take photographs etc. as they move between lessons. Learners have been reminded that after Easter, if they have their phones out in corridors they will be confiscated and returned at the end of the day. Please note that this is not a change to our rules, we are simply reminding learners of the rules that already exist and reinforcing those rules. Learners can continue to use their phones at break and lunchtime as they always have done. If a learner has their timetable on their phone they can check their timetable before they leave their classroom to move to their next lesson (with their teacher's permission). I would appreciate it if you could speak to your child about this and I thank you for your support with it.

This newsletter once again outlines how much has been going on beyond our normal teaching and learning every day. So many activities and so much variety, which is fantastic to read about and to acknowledge. Our learners have done us proud once again with their commitment to so many events and I have to give a special mention to everyone involved in our school production. After being unable to do one for a few years due to Covid, it was brilliant to be able to enjoy 'Joseph' and to see how amazing our learners were.

One of the things it's hard to quantify when explaining how and why our learners make us proud is the number of times we get positive feedback when our learners go on visits or trips, saying how fantastic they were. The most recent feedback was yesterday from a visit to Cardiff University, when the organisers sent us a message afterwards saying "Your group were a credit to the school, and we really enjoyed hosting them." Yes, we are a reflection of society and we have some learners who don't always follow the rules. However, it's important to reflect upon the fact that most of our learners are respectful, kind, polite, funny and hardworking – a pleasure to be around and a credit to you as parents and carers.

I hope that you enjoy reading this newsletter and that you have a safe and enjoyable Easter break. Thank you once again for your continuing support. As always, if there is anything we can do to support you or your child further please don't hesitate to get in touch.

Best wishes,



N Davies  
Headteacher



# Lliswerry's Latest News

## JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT

LYRICS BY TIM RICE      MUSIC BY ANDREW LLOYD WEBBER

After 3 years, we could finally welcome audiences back into school to see our latest production of 'Joseph and the Amazing Technicolor Dreamcoat'. We had two successfully packed out nights and it was great to see the audience full of learners, staff, families, former learners and former staff supporting the show.



- The show was a great success and our learners did us proud! A huge thank you to everyone who came to watch the show and to those who have supported the show!



# More news...

## SIXTH FORM OPEN EVENING



It was great to chat to lots of learners, parents and carers at our Sixth Form Pathways evening. Exciting times ahead for our Year 11 learners! Ambition, belief, determination and resilience will continue to be the keys to success as they head towards this milestone. A special thanks to the staff who took part in the Open Evening and showed the parents and learners just how amazing our Sixth Form is.

## WORK EXPERIENCE SUCCESS!

Cady had the opportunity to experience a day of work experience in the motor trade as a mechanic.

**Where did you work?** Manic Mechanics

**What did you do?** I experienced how MOT testing works, how to inspect cars, and I learned what happens in the office with the admin side of things.

**What did you enjoy the most?** I enjoyed learning about MOT testing the most. I found it very interesting.

**Has it persuaded you to think more about a career in mechanics?** Yes definitely!

**Thank you to Manic Mechanics for allowing Cady to experience a day of being a mechanic!**



*Well done!*

**MANIC MECHANICS**

@LliswerryHigh



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# Senedd Visit



In January, learners from Lliswerry High and surrounding schools were invited to the Senedd in Cardiff to discuss a stronger, fairer and greener Wales. Maria delivered an amazing speech which resulted in a standing ovation! A massive well done to all learners involved and for representing Lliswerry High School!



## BOXING CHAMPION!

Martin recently brought into school his two trophies that he has won from Boxing! One trophy was won on the 12th December and the other on the 4th February in the lightweight class. Well done Martin, hard work and determination certainly pays off!



## FREE KARATE LESSONS!

Did you know that students up to the age of 18 can enjoy FREE KARATE LESSONS at Newport Shotokan Karate Club. Just come along. You'll need loose clothing such as tracksuit trousers/T-Shirt and bring some water to drink.



Monday 6:30PM – 8:00PM  
Thursday 6:30PM – 8:00PM

LLISWERRY HIGH SCHOOL SPORTS HALL

All instructors DBS checked and KUGB Qualified.



<https://www.facebook.com/NewportSKC>

Sally 07833 963816 / Jon 07983 671059

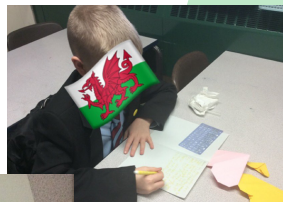
# Criw Cymraeg!



This year we have started a new Criw Cymraeg, where pupils have been working hard to encourage and promote the Welsh language around the school. So far the Criw Cymraeg have changed some displays in communal areas such as on the link corridor and on the W.



The Criw Cymraeg meet every Wednesday during lunch time to create and share ideas about Wales and the Welsh language. They have met with the EAS and have even presented an assembly for all learners in Year 7, 8 and 9. The Criw Cymraeg also held a Santes Dwynwen craft workshop for year 7 pupils to create Santes Dwynwen Cards and Origami Hearts!



The Criw Cymraeg have entered into the Welsh Heritage Competition and are currently working on their "Arwyr Cymru" (Welsh Heroes) project! Please come and join us in A10 every Wednesday!



## Senior Team Challenge!

Every half term the Senior Leadership Team have a fun team competition. So far this year these have included bread making, Christmas wreath making and soup making. This half term's challenge was decided by Mrs Harries and was to see who could create the best bird house and members of our Sixth Form were the competition judges. It's fair to say that the standard was very high (something to do with us all being quite competitive?!), so well done to all members of the senior team. I won't mention the name of the winner, I will leave you to decide who you think should have won.....



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# INSPIRING BUSINESS TALKS!

OUR SSA BUSINESS CLASSES HAD THE PLEASURE OF HAVING NO MERCY WRESTLING COME INTO SCHOOL TO DISCUSS WITH THE LEARNERS HOW THEY STARTED THEIR BUSINESS DURING THE COVID-19 PANDEMIC. THEY ALSO DISCUSSED HOW NO MERCY WRESTLING WAS DEVELOPED, HOW THEY PROMOTE AND ADVERTISE THEIR BRAND. A BIG THANK YOU TO NO MERCY WRESTLING FOR COMING IN AND INSPIRING OUR LEARNERS THAT EVEN DURING UNCERTAIN TIMES, BY HAVING DETERMINATION AND RESILIENCE YOU CAN ACHIEVE ANYTHING!



## Year 9 Pathways Evening

It was wonderful to see and talk to so many Year 9 learners and their parents/carers at our Year 9 Pathways evening. Learners, Parents and carers had the opportunity to speak to teachers of the different subjects on offer for Year 10 & 11.

Thank you to staff and Careers Wales for providing information to learners, parents and carers.



## Lost Property

We have quite a lot of lost property that is yet to be claimed. If parents can contact the school with details of the lost item, we can pass it to the correct learner.



# Comic Relief 2023

**RED  
NOSE  
DAY**

In March, as a school we raised money for Comic Relief by having a non uniform day, along with other activities for each year group to participate in.



The winners of the sweet jar are Benjamin and Miss Lewis!

We managed to raise £360.35 for Comic Relief. Well done to everyone who took part!

From guessing how many sweets are in a jar, doughnut sales, a red nose hunt, guess the teacher - baby photo competition, and Mr. Davies' famous whole school quiz, there was plenty of activities on offer for everyone!



## Prom Donations



Friday 23rd June 2023 marks our first Prom since the COVID-19 pandemic. Lliswerry school are planning on starting a pop up shop for Y11 prom. Many of the children just can't afford prom outfits at all and (although an Americanised tradition) it's an important part of their end of school experience and motivation for working hard towards their exams and ultimately their future life chances! It's also great for promoting sustainability in school.

This is a plea if you (or any one you know) are having a clear out we would be grateful for the following:

Dresses  
Shoes/ sandals  
Handbags/ clutches/ purses  
Ties  
Shirts  
Trousers  
Boys/men's shoes  
Any other suitable items.





# Saving the World one litter pick at a time!

After discussing global issues and goals, Mrs Horvathova's class came up with fantastic solutions - one of them being litter picking around the school!

Other learners saw the role models and started picking up litter too! A great job done by all, keeping the school clean and saving the planet!



THE SOLUTION IS LESS POLLUTION



## First Give Event - Year 9



After several weeks of work in their Health and Well-Being lessons. Year 9 hosted the First Give event on the 17th February 2023. As part of the event, the six classes chose a local charity which they researched. The six charities that were chosen were Fearless, Crimestoppers, Eden Gate, Maindee Community House, Make a Wish (Newport branch) and Newport Mind. We were pleased to welcome Councillor Andrew Sterry, Councillor Allan Morris, Mr Davies, Miss Bartley and our two head girls as judges to the event.

The presentations incorporated a wide range of learner's work including raps, dances, face paint, sketches and detailed explanations of the work the charity does. After being thoroughly entertained, the £1000 cheque was awarded to 9LW

Maindee Community House. Miss William's class delivered a thoroughly entertaining presentation including raps from learners who regularly attend Maindee Community House.

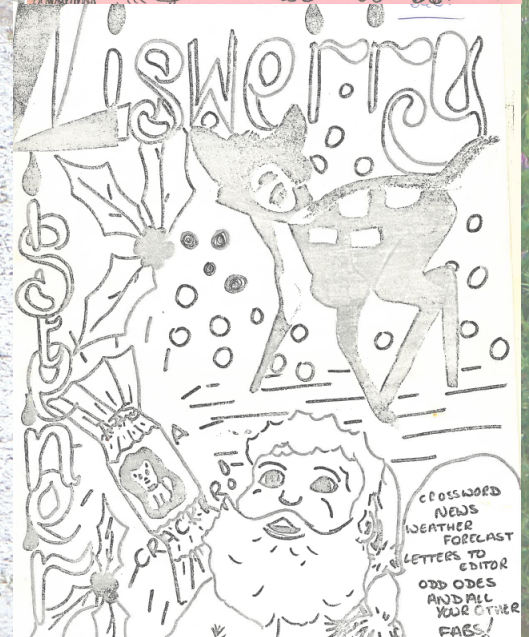
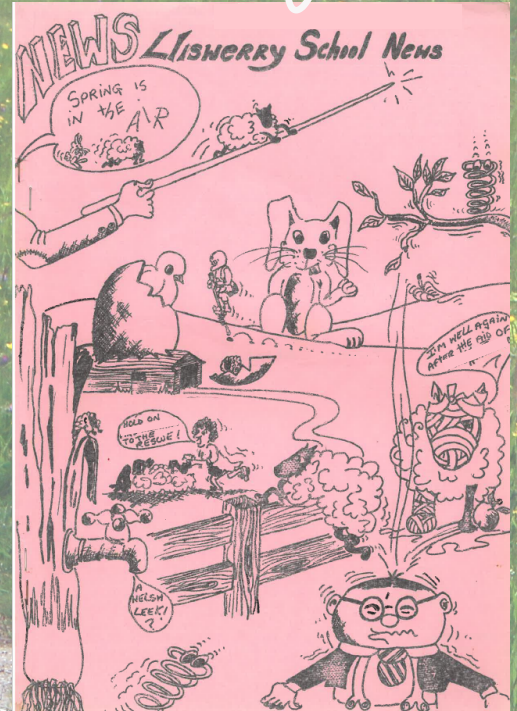
A second prize of £100 was also generously given to 9PD, who had chosen Fearless by Councillor Andrew Sterry and Councillor Allan Morris, for their recognition of the difficult topic of gang violence.



# A trip down memory lane

We were recently sent a parcel from an ex pupil who had saved copies of Lliswerry High School's magazines from 1974 onwards - nearly 50 years ago!

It has been interesting to go through the magazines to see how much Lliswerry has changed and what has stayed the same. It is also obvious to see just how much technology has progressed, as the earlier magazines were made with a typewriter! Here are a few examples of the covers of the magazines that we have, we will show more in the next newsletter!



ONE, TWO...

@LliswerryHigh



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# STAYING SAFE ONLINE

THERE ARE LOTS OF GREAT THINGS ABOUT SOCIAL MEDIA, APPS AND GAMES, LIFE WOULDN'T BE THE SAME WITHOUT THEM FOR MOST OF US. BUT SOMETIMES THINGS CAN GO WRONG AND YOU MIGHT FEEL LIKE YOU ARE IN AN UNSAFE OR UPSETTING SITUATION.



## Specific online safety issues

Jump straight to advice and information on a specific topic if you know what you are looking for.

## Online safety advice and information

Browse through our resources written for you on a range of online safety issues.

WE ALL WANT TO KEEP OUR ONLINE EXPERIENCE POSITIVE. [HWB.GOV.WALES/KEEPINGSAFEONLINE](http://HWB.GOV.WALES/KEEPINGSAFEONLINE) HAS BEEN CREATED TO HELP YOU MAKE SENSE OF SOME OF THE ISSUES THAT YOU MIGHT HAVE TO DEAL WITH. THE INFORMATION PAGES ALSO INCLUDE ADVICE ON WHAT TO DO AND WHERE TO TURN FOR HELP IF YOU ARE WORRIED ABOUT SOMETHING ONLINE.

## Social media, gaming and app guides

Find out everything you need to know about the most popular apps children and young people are using today.

## Advice for children and young people

Information on what to do and where to turn for help if they are worried about something online.



ALWAYS KEEP IN MIND THAT YOU HAVE RIGHTS AND THESE RIGHTS ALSO APPLY IN THE DIGITAL WORLD. IF YOU WOULD LIKE ANY FURTHER INFORMATION, PLEASE VISIT [HWB.GOV.WALES/KEEPINGSAFEONLINE](http://HWB.GOV.WALES/KEEPINGSAFEONLINE)

# Tips for Encouraging Open Discussions about DIGITAL LIVES

The online world is an entirely familiar and commonplace part of life for today's children and young people, far more so than for previous generations. There are many positives to children being able to access online materials, so it's important not to demonise the internet, games and apps, and limit the benefit of their positive aspects. At the same time, we do have a responsibility to educate children about the hazards they may encounter online (just as we would about real-world dangers) so it's essential that we don't shy away from talking to them about the complex – and often sensitive – subject of what they do and what they see when they're online.

Here are some suggestions for kicking off conversations with your child about their digital life ...

## MAKE YOUR INTEREST CLEAR

Showing enthusiasm when you broach the subject signals to your child that you're keen to learn about the positives of their online world. Most children enjoy educating adults and will happily chat about what they use the internet for, or what games and apps they're into and how these work. Asking to see their favourite games and apps in action could help you spot any aspects that may need your attention – such as chat functions which might require a settings adjustment to limit contact with strangers. Keep listening even if your child pauses for a long time: they could be considering how to phrase something specific, or they may be gauging your reaction.

## BE OPEN AND HONEST, APPROPRIATE TO THEIR AGE

At various stages, children and young people become curious about puberty and how their body changes; about relationships; about how babies are made; and about sexual health. If your child knows that they can discuss these sensitive subjects with you, they tend to be less likely to go looking online for answers – which can often provide them with misleading information and, in some cases, lead to them consuming harmful content. Don't worry if you don't immediately know the answers to their questions – just find out for yourself and go back to them once you have the facts.

## REMIND YOUR CHILD THEY CAN ALWAYS TALK TO YOU

In my role I work with many children and young people who admit being reluctant to tell a trusted adult about harmful content they've viewed online, in case it leads to having their devices confiscated. Emphasise to your child that you're always there to listen and help; reassure them that if they do view harmful content, then they are not to blame – but talking about it openly will help. Children shouldn't be expected to be resilient against abuse or feel that it's their job to prevent it.

## KEEP TALKING!

The most valuable advice we can give is to keep talking with your child about their digital lives. You could try using everyday situations to ask questions about their online experiences.

## DISCUSS THAT NOT EVERYTHING WE SEE ONLINE IS REAL

Here, you could give examples from your own digital life of the online world versus reality – for example, those Instagram posts which show the perfect house: spotlessly clean, never messy and immaculately decorated. Explain to your child that there are many other aspects of the online world which are also deliberately presented in an unrealistic way for effect – such as someone's relationship, their body, having perfect skin and so on.

## TRY TO REMAIN CALM

As much as possible, try to stay calm even if your child tells you about an online experience that makes you feel angry or fearful. Our immediate emotions frequently influence the way we talk, so it's possible that your initial reaction as a parent or carer could deter a child from speaking openly about what they've seen. Give yourself time to consider the right approach, and perhaps speak with other family members or school staff while you are considering your next steps.

## CREATE A 'FAMILY AGREEMENT'

Involving your whole household in coming up with a family agreement about device use can be immensely beneficial. You could discuss when (and for how long) it's OK to use phones, tablets, consoles and so on at home; what parental controls are for and why they're important; and why it's good to talk to each other about things we've seen or experienced online (both good and bad). Explaining your reasoning will help children to understand that, as trusted adults, we want to make sure they are well informed and kept safe. Allowing children to have their say when coming up with your family agreement also makes them far more likely to stick to it in the long term.

## Meet Our Expert

Rebecca Jennings of RAISE (Raising Awareness in Sex Education) has almost 20 years' experience delivering relationships and sex education and training to schools, colleges and other education providers. A published author on the subject, she also advises the Department of Education on the staff-training element of the RSHE curriculum.



**NOS** National Online Safety®  
#WakeUpWednesday

# School Uniform



## Years 7 to 11

- Black skirt of an appropriate length for the work-place (i.e. not more than 7cm above the knee) or Black trousers (not skin tight and/or jeans or leggings)
- Blue blouse/shirt
- School velcro tie
- Plain black v-neck long sleeved jumper or cardigan
- Plain black or white ankle socks or thick plain black tights
- Completely Black footwear (no boots)
- Black Blazer



## Years 12 and 13

- Black skirt of an appropriate length for the work-place (i.e. not more than 7cm above the knee) or Black trousers (not skin tight and/or jeans or leggings)
- White blouse/shirt
- School velcro tie
- Plain black v-neck long sleeved jumper or cardigan
- Completely Black footwear (no boots)
- Black Blazer



## Our Preloved Uniform Shop is open!

In recognition of the current financial situation that everyone is facing with the Cost of living crisis, Llswerry High School is committed to supporting all of our families with the introduction of a preloved uniform shop and food bank. Items are a combination of preloved and new clothes which are accessible at a reduced cost. We now have connections with Kings Church who are providing food donations such as tinned items and dry food.

If you need any further information or would like to make an appointment to come into the shop, please email [preloveduniform@llswerryhigh.org](mailto:preloveduniform@llswerryhigh.org).



# School Calendar 2022/23


April 2023							
wk	Mo	Tu	We	Th	Fr	Sa	Su
						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
1	17	18	19	20	21	22	23
2	24	25	26	27	28	29	30


May 2023							
wk	Mo	Tu	We	Th	Fr	Sa	Su
1	1	2	3	4	5	6	7
2	8	9	10	11	12	13	14
1	15	16	17	18	19	20	21
2	22	23	24	25	26	27	28
	29	30	31				

June 2023								
wk	Mo	Tu	We	Th	Fr	Sa	Su	
				1	2	3	4	
1	5	6	7	8	9	10	11	
2	12	13	14	15	16	17	18	
1	19	20	21	22	23	24	25	
1	26	27	28	29	30			
	Timetable Rollover							

July 2023							
wk	Mo	Tu	We	Th	Fr	Sa	Su
						1	2
2	3	4	5	6	7	8	9
1	10	11	12	13	14	15	16
2	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
	31						

August 2023							
wk	Mo	Tu	We	Th	Fr	Sa	Su
		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31			

 School closed/ holidays

 No school for learners/  
Teacher INSET day

*\*dates may be subject to change*

# KEY INFORMATION

## SUMMER

**Term Begins**  
**Half Term**  
**Term Ends**

Monday 17th April  
Monday 29th May – Friday 2nd June  
Friday 21st July

**INSET Days (school closed to pupils):**

Friday 30th June



### Exams

During May and June we have GCSE examinations taking place. It is extremely important that learners are in school during this period in order not to miss any exams that they are entered in. We politely ask that holidays are not booked during this time.

### Biometrics

The school is using a Biometric payment system for catering, which is a quicker and easier way for learners to purchase food/drinks from the school canteen.

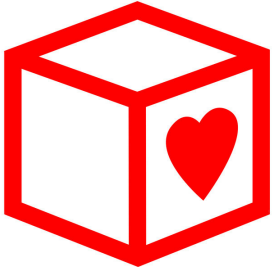
If you wish to register your son/daughter for this system, forms are available from the school reception. Once we have received the completed form learners will be registered the same day. This is a more efficient way for them to get their lunch instead of them remembering a 4 digit code. Alternatively you can contact us at [admin@lliswerryhigh.org](mailto:admin@lliswerryhigh.org) given authorisation for your child to have biometrics set up.

### Contact Details

Please make sure we have your most up to date contact details, also that you don't have the school number blocked. During this academic year we struggled to make contact with a few parents when making calls home. Please also note that if we call, it may show on your phone as 'number withheld'.

### Attendance

If your child is unwell you need to report the absence daily, you can either email the school at [admin@lliswerryhigh.org](mailto:admin@lliswerryhigh.org) contact us through the school comms app, or telephone the school on 01633 277867 and press 1.



## The Red Box Project

As a school we are proud to be part of The Red Box Project.

### What is it?

The Red Box Project is a community-based, charity, which aims to support young people throughout their periods by providing red boxes filled with free period products to local schools. The Red Box Project is committed to continuing the fight and campaign to ensure that all young people from all nations of the United Kingdom have access to free period products in school when they need them.

### Where can I access this?

Learners can access the red box project by going to student reception, where a free pack will be given to them.

*Got your period?  
We've got your back!*

**The Red Box Project will continue to strive to ensure that no young person misses out on their education because they have their period.**

## Schoolgateway

**Communicate Easier, Faster and More Effectively**

**Using School Gateway means that we can communicate with parents quickly and cost effectively via email, text or smartphone. It will also allow us to send electronic reports in future.**



**If you have a smartphone, you can help us save money by downloading the 'School Gateway' app from your app store (Android and iPhone).**

**By doing this we can send you app messages (avoiding the cost of texts) and you can send messages back for FREE. It's quick and easy to do.**

**All you need is your email address and mobile number that school holds on record for you. If you have trouble logging in, please contact the school. All communication will be sent via Schoolgateway.**

## Learner Support

At Lliswerry High we want to create an outstanding climate for learning. It is important that our learners feel happy and supported in order to achieve their best in the classroom.

Our Pastoral team consists of both teaching and non-teaching staff who are available to offer support and guidance to learners in an effective and timely manner. As such we would ask that you emphasise with your child that they should approach a member of staff in the first instance should a problem or issue arise, rather than contacting home. By giving staff an opportunity to resolve any concerns, we will be able to reduce any unnecessary worry for both you and your son / daughter.

## Medical Room



We have a small medical room which is managed by a first aid officer.

Learners visiting the medical room will be assessed and a decision on the next course of action will be made by the first aid officer, i.e. learner receives treatment, a phone call home is made or returns to class.

Learners should familiarise themselves with the protocol below before visiting the medical room:

### **Learners:**

**Q.** What should I do if I feel unwell in a lesson?

**A.** Tell your teacher and he/she will give you a yellow exit slip to leave the classroom to go to the medical room in learner reception.

**Q.** What should I do if I feel unwell at break time or lunchtime? (If the bell goes for the start of the lesson, you must go to your lesson and speak to your teacher.)

**A.** Go to learner reception and the staff there will help you.

**Q.** Should I contact my parents/carers and ask to be collected?

**A.** No, the staff on learner reception will contact home if you need to be sent home.

*Reminder: You should not use your mobile phone whilst in the school building unless you are in one of the designated areas during lunch or break time.*

**Q.** Who can give me permission to go home if I am unwell?

**A.** Your Head of Year or Head of Key Stage or a Senior Member of Staff.

### **Parents and carers:**

We have recently had a number of parents/carers called to school by their children without the staff having any knowledge of a learner feeling unwell. Parents/carers are asked for their support in the process above and to wait for the school to contact them to collect their child.

# Contact Us:

**Llswerry High School**  
**Nash Road**  
**Newport**  
**South Wales**  
**NP19 4RP**



**01633 277867**



**admin@llswerryhigh.org**



**www.llswerryhigh.org**



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