

WEEK 1 MENU

W/C: 20/11 , 11/12 , 22/01 , 04/03 , 25/03

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

WEEKLY SPECIAL

- Roasted Indian Chickpea Salad  ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad   

SANDWICHES/BAGUETTES:















Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Ham Baguette
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe 's Mexican Burrito

MON	Traditional Cottage Pie   Served with Vegetables and Gravy	Vegetarian Sausages  Served with Mashed Potato, Vegetables and Gravy
TUE	Turkey Con Chilli    Served with Wholegrain Rice	Feta and Beetroot Burger  Served with Chipotle Wedges and Salad
WED	Honey Roasted Ham and Mash or Halal Roast Chicken and Mash Served with Vegetables and Gravy	Vegetarian Cottage Pie   Served with Vegetables and Gravy
THUR	Smokey Chicken Pasta Bake  Served with Salad	Sweet Potato and Bean Enchilada   Served with American Slaw
FRI	The Sausage Dog  Served with Chips, Peas and Baked Beans	Mac & Cheese Pot  Served with Chips and Peas

WEEK 2 MENU

W/C: 06/11 , 27/11 , 18/12 , 08/01 , 29/01 , 19/02 , 11/03

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Chicken Shawarma Flatbread  Served with Salad	Vegetarian Mexican Tortilla Pie   Served with Wholegrain Rice and Vegetables
TUE	Southern Fried Chicken Katsu   Served with Wholegrain Rice and Vegetables	Yellow Vegetable Curry    Served with Wholegrain Rice and Vegetables
WED	Roast Turkey  Served with Roast Potatoes, Two Vegetables and Gravy	Louisiana Soul Bowl    Served with Yellow Rice and American Slaw
THUR	Chicken and Vegetable Tikka Masala    Served with Wholegrain Rice and Sweetcorn	Roasted Cauliflower and Chickpea Korma    Served with Wholegrain Rice and Sweetcorn
FRI	Fish and Chips Served with Peas and Baked Beans	The Veggie Dog  Served with Peas and Baked Beans

WEEKLY SPECIAL

- Moroccan Chicken Salad  •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Ham Baguette
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe 's Mexican Burrito

WEEK 3 MENU

W/C: 13/11 , 04/12 , 15/01 , 05/02 , 26/02 , 18/03

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	BBQ Pork Meatballs or BBQ Halal Chicken Meatballs Served with Whoewheat Pasta, Pizza Pinwheel and Green Beans	Cauliflower Mac'n'Cheese    Served with Pizza Pinwheel and Salad
TUE	Teriyaki Chicken Soul Bowl    Served with Pineapple Rice, Crunchy Slaw and Peas	Vegan Chilli    Served with Wholegrain Rice and Peas
WED	Roast Turkey 	Black-eyed Bean Burger  Served with Garlic and Herb Wedges And American Slaw
THUR	Sticky Chicken and Vegetable Noodles  	Sweet and Sour Vegetables    Served with Wholegrain Rice
FRI	Southern Fried Chicken Goujons  Served with Chips, Peas and Baked Beans	Mexican Loaded Wedges  Served with Peas and Baked Beans

WEEKLY SPECIAL

• Sweet Chilli Chicken Noodle Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
 Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
 Chicken, Lettuce & Mayo Sandwich
 Cheese Sandwich 
 Ham Baguette
 Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
 Pepper and Houmous Wrap  

HOT DISHES:

Paninis
 Pasta & Sauces
 Freshly Baked Pizza
 Love Joe 's Mexican Burrito