

Llswerry High School



Friday 19 April 2024

Headteacher's Update

Dear Parents and Carers,

It's been another busy and fulfilling week with lots of things going on as usual in school. This week, Mrs. Bartley and I also had the pleasure of attending the Llswerry Ward Council meeting. It was a really interesting meeting that gave us an insight into difficulties in the community. It was also great to meet local residents and councillors. We hope to attend more of these meetings to further our work with our local community.

Year 8 - Newport Mind project

Before Easter, a group of Year 8 learners completed their final session with Newport Mind as part of the Piece-by-Piece Project. Many areas of Mental Health were explored and the group created several pieces of illustrations. They wanted to share part of their experience with you through poetry, voicing how different elements of mental health affect them. Well done, it is an extremely powerful and moving poem.

Blue Ocean

Anger's texture is salty and wet.
Anxiety is blue like the ocean,
like being on top of a foggy mountain
where you can't see the bottom.
Anger is feeling your body
get warmer and warmer,
wanting to scream till you can't breathe.
Anger looks like thunder and waves crashing.
Anxiety is a book, you never know the ending.
Anger looks spiky and sharp.
Anxiety is a blue colour like sadness.
Trust is soft like a pillow.
Sadness is all purple clothes and a hat.
Anxiety is oceans because of what's inside it.



Efforts to High Things

Uniform Consultation

A reminder that the consultation about the additional uniform options from September 2024 is still open. There is more detail in last Friday's update or you can watch the video on the link below.

[Click to watch video](#)

Click the link below or scan the QR code to add your feedback on the proposals, as part of the consultation.

[Click to give your feedback](#)



Year 7 Royal Navy

On Wednesday, Year 7 took part in a science workshop with the Royal Navy. The workshop involved learners using their science knowledge and teamwork skills to design a new rocket which could be used for transferring fuel from one ship to another. It was also a great opportunity to learn about the many roles the Royal Navy has. During the workshop, Year 7 explored the science behind the forces acting on a rocket as it travels through the air. This links to a project we will be doing later in the term on forces. At the end of the workshop, learners were able to compete with each other to see who had designed the most effective rocket. This involved using a mechanical air pump to fire the paper rockets across the yard. It was great to see these rockets travel huge distances. The winning team in each session received 10 positive points.



Well done Year 11

Year 11 have had a busy week starting their examinations. Learners have been sitting their Welsh Speaking, Drama and Art exams.



Upcoming dates

- Friday 19 April - Y7, Y12 and Y13 progress and wellbeing report sent home (check your email or school comms app).
- Thursday 25 April 3.30-6.30 – Y7 progress evening.
- Thursday - Y9 and Y11 progress and wellbeing report sent home (check your email or school comms app).

Thank you to all of our families and our community for your continued support.
Best wishes,



Julia Fitzgerald
Headteacher

Efforts to High Things

