

Llswerry High School



Friday 3 May 2024

Headteacher's Update

Dear Parents and Carers,

As another busy week comes to a close, we have a long weekend to relax. Some of our learners will be using the time to prepare for their first external exams which start next week. For morning exams, the canteen will be open from 8.00 for breakfast and revision.

Supporting young people with exams

Exams have started for our young people in Years 10,11,12, and 13. Y11 have their first big Maths exam on Wednesday.

Exams are a stressful time for any young person. Mood swings and outbursts are more likely to occur during this period. Look out for other signs that your child may be struggling, including poor sleep patterns or a change in appetite or behaviour.

It's worth preparing ways of supporting your child during exam weeks.

[Click here - Advice for parents and carers](#)



Athletics Competition

A huge well done to the following learners who finished either 1st or 2nd in the Newport East District Athletics last week to qualify for the South East Wales Championships at Spytty Stadium on Tuesday 30th April.

Under 14s

Akintomiwa O. - 800m

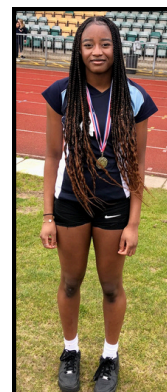
Under 16s

Finley C. - 100m Hurdles

Dolbi D. - Shot Putt

Codi A. - 800m

Esther K. - 100m and 200m



The learners represented themselves and the school superbly and a huge congratulations to Esther K. who won Gold in both her events to finish Year 11 as South East Wales Champion and Codi A. who won Bronze.

Efforts to High Things



Year 7 Learning

On Wednesday, I could hear something going on in the Year 7 quad from my office window. When I looked out Mr. Coughlin and his class were so engaged in the activity, I went out to investigate what they were doing.

As part of their 'Hold Tight' Forces project, learners were tasked with designing and creating a parachute. They had to use their problem-solving skills to choose from a list of items they could use. They had to make sure the parachute would hold an egg inside to ensure it would not break when hitting the floor (one of them did!) It was a competition to see who's parachute would not only keep the egg safe but also fall at the slowest rate from a height.

It was great to see them so engaged in the activity as well as using our outdoor space and equipment to enhance their learning experiences.

MEASLES OUTBREAK: URGENT MESSAGE FROM ANEURIN BEVAN SCHOOL NURSING TEAM



Following the recent outbreak of Measles in Gwent we are holding a number of MMR vaccine catch-up clinics for school aged children. You will find a list of these clinics by clicking here: <https://abuhb.nhs.wales/vaccinations/vaccination-pop-up-clinics/>

Alternatively you can call our vaccination booking team on 0300 303 1373. If you require a Gelatine free vaccine, please contact 01633 431 685.

Upcoming dates

- **Monday 6 May - SCHOOL CLOSED FOR BANK HOLIDAY**
- Wednesday 8 May - External exams start
- Friday 17 May - Y8 Full progress and wellbeing report sent home (check your email or school comms app).

Thank you to all of our families and our community for your continued support. I hope you enjoy the Bank Holiday weekend and the weather stays dry.

Best wishes,

Julia Fitzgerald
Headteacher

Efforts to High Things

