




















































WEEK 1 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	NOODLE BAR SATAY CHICKEN PHO  	NOODLE BAR SPICED VEGETARIAN PHO  	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad  Pesto Pasta Salad   Roasted Indian Chickpea Salad   SANDWICHES/BAGUETTES: Cheese Sandwich  Ham Salad Sandwich Chicken Tikka Sandwich Tuna Mayo Baguette BLT Baguette WRAPS: Pepper and Houmous Wrap  BBQ Chicken Wrap  Chicken Caesar Wrap
TUE	BURGER BAR BEEF BURGER  Served with Baked Garlic and Herb Wedges and Corn on the Cob	BURGER BAR BEETROOT AND FETA BURGER   Served with Baked Garlic and Herb Wedges and Corn on the Cob	
WED	CLASSICS ROAST PORK  With Roast Potatoes, Vegetables & Gravy	CLASSICS ROAST QUORN  With Roast Potatoes, Vegetables & Gravy	
THURS	STREET CHICKEN KATSU    Served with Wholegrain Rice and Nut Free Satay Sweetcorn	STREET MACARONI CHEESE 	
FRI	FRIDAY FAVOURITES BATTERED FISH Served with Chips, Baked Beans and Peas	FRIDAY FAVOURITES VEGGIE BURGER  Served with Chips, Baked Beans and Peas	

























 Vegetarian
  Vegan
  Oily Fish
  Wholegrain
  Nutritionist's Choice
  Halal

Our menu is subject to change.

WEEK 2 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	SPICE IS NICE CHICKEN TIKKA RICE BOX 	SPICE IS NICE SPINACH AND CHICKPEA DAHL   Served with Yellow Rice	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Jacket Potato and Toppings
TUE	TEX MEX MEXICAN BEEF ENCHILADA  Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	TEX MEX VEGETABLE FAJITA   Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	SALADS: Tuna and Sweetcorn Pasta Salad  Pesto Pasta Salad   Roasted Indian Chickpea Salad  
WED	CLASSIC ROAST CHICKEN  With Roast Potatoes, Vegetables & Gravy	CLASSICS ROAST QUORN  With Roast Potatoes, Vegetables & Gravy	SANDWICHES/BAGUETTES: Cheese Sandwich  Ham Salad Sandwich Chicken Tikka Sandwich Tuna Mayo Baguette BLT Baguette
THURS	PAN-ASIAN CHICKEN KOTTU ROTI BOX   	PAN-ASIAN SOYA YAKISOBA  	
FRI	FRIDAY FAVOURITES SOUTHERN FRIED CHICKEN GOUJONS  Served with Chips, Baked Beans and Peas	FRIDAY FAVOURITES KOREAN BBQ QUORN SUB  Served with Chips, Baked Beans & Peas	WRAPS: Pepper and Houmous Wrap  BBQ Chicken Wrap  Chicken Caesar Wrap

WEEK 3 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	FEASTIVAL JERK CHICKEN BURGER  Served with Baked Spiced Wedges and Mixed Salad	FEASTIVAL TIGER BHAJI BURGER   Served with Baked Spiced Wedges and Mixed Salad	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Jacket Potato and Toppings
TUE	PAN ASIAN MANDARIN BBQ PORK   Served with Pineapple Rice and Nut Free Satay Sweetcorn	PAN-ASIAN SWEET AND SOUR VEGETABLES    Served with Pineapple Rice and Nut Free Satay Sweetcorn	SALADS: Tuna and Sweetcorn Pasta Salad  Pesto Pasta Salad    Roasted Indian Chickpea Salad  
WED	CLASSIC ROAST TURKEY  With Roast Potatoes, Vegetables & Gravy	CLASSIC ROAST QUORN  With Roast Potatoes, Vegetables & Gravy	SANDWICHES/BAGUETTES: Cheese Sandwich  Ham Salad Sandwich Chicken Tikka Sandwich Tuna Mayo Baguette BLT Baguette
THURS	STREET FIRECRACKER BEEF 	STREET TERIYAKI VEGETARIAN WRAP    With Wholegrain Rice	
FRI	FRIDAY FAVOURITES BATTERED FISH Served with Chips, Baked Beans and Peas	FRIDAY FAVOURITES VEGETABLE GOUJONS  Served with Chips, Baked Beans and Peas	WRAPS: Pepper and Houmous Wrap  BBQ Chicken Wrap  Chicken Caesar Wrap