# Lliswerry High School

Ysgol Uwchradd Llysweri



Friday 24 October 2025

# Headteacher's Update

Dear Parents and Carers,

The final week of a very busy half term! As always it's great to see all the amazing things that our learners experience. If you aren't following us already please use the link to see all the amazing things we do.















#### Careers Assemblies

This week, representatives from Careers Wales, Newport Norse, Wynne Construction, Wales & West Utilities, and Vishay Newport visited the school to speak with learners in Years 11–13 about pathways into apprenticeships. Learners were introduced to the wide variety of apprenticeship opportunities available across the different sectors represented. These included traditional construction apprenticeships such as carpentry, plumbing, and bricklaying, as well as routes into areas like quantity surveying, finance, and planning. The sessions gave learners the chance to explore their post-Year 11 or Year 13 options and gain valuable insight into the apprenticeship application process.

### <u>GCSE Food & Nutrition Hospitality Visit - Voco Hotel</u> Cardiff

Year 10 and 11 learners had a wonderful time learning about hospitality; they learned how to do hand massages with the spa staff, how to make gorgeous mocktails, how to decorate chocolate strawberries, how to promote your business through social media and how to fold towels into some fun and creative shapes.

The learners did us proud with their immaculate behaviour and can-do attitude! A real credit to the school and Rio B. even one an award for one of the events!













Efforts to High Things

#### Year 10 Netball

The girls worked extremely hard against Chepstow who are a brilliant team. Although they did not win, they did not give up the whole way through, and their motivation was high till the very end. Miss Clarke was very proud of them!











#### Just Be Smoke Free

Year 8 have had a fantastic time this week at the Just B Anti-Smoking Ambassadors course run by the NHS. They are now fully trained anti-smoking ambassadors. They have learned about what is inside a cigarette, the health impacts of smoking on the body and be given the skills on how to have conversations with others about smoking. They will now be sharing what they have learned with the rest of Year 8 over the coming year.

#### Girls Get Set

Today, a group of girls from Years 8 and 9 took part in the first session of the 2025/26 Girls Get Set Industrial Cadet Award. Throughout the year, they will engage in a range of interactive and classroom-based activities designed to encourage girls to explore careers in STEM-related industries. Several of the participants are working towards their Silver Industrial Cadet Award after completing the Bronze level last year. During today's session, staff from Baker Hughes shared insights into their roles and career journeys before leading a fun team-building challenge, where the girls competed to build the tallest paper structures.















We are planning to go to Bormio-4-Valli in Italy during February half term 2027. The trip includes ski hire, ski instructors for the duration of the trip, food and accommodation as well as evening entertainment.

Information has been sent out on school comms, please get in touch if you are interested.

## <u>Upcoming Dates</u>

- Monday 3 November Return to School (Week 1)
- Friday 7 November Year 12 & 13 Wellbeing and Progress report home
- Monday 24 November INSET day (School closed for learners)
- Thursday 27 November Year 8 Progress Evening (3.30-6.3)

Thank you to all our families and our community for your continued support.

Best wishes,

Efforts to High Things

Julia Fitzgerald Headteacher

